

Protect yourself against **Shingles!**



A FREE VACCINE
is now available
for people aged
70-79 years old

Shingles can be very painful
and lead to serious, long-term
complications for older people

Talk to your doctor, nurse or healthcare worker
about the **FREE Shingles VACCINE**

Vaccinations don't
stop at childhood.



Australian Government
Department of Health

IMMUNISE
AUSTRALIA PROGRAM

An Australian, State and Territory
Government initiative

www.immunise.health.gov.au