



GP Clinical Advice Email – Menopause Hub

The Menopause Hub has established a dedicated GP clinical advice email service to support general practitioners and clinicians in the management of menopause-related symptoms and hormone therapy. This service is intended to facilitate safe, collaborative care within the community.

How it works:

GPs/clinicians can email enquiries to SESLHD-RHWmenohub-gpAdvice@health.nsw.gov.au at any time. A specialist working in The Menopause Hub will answer emails within 5 business days and provide expert advice and recommendations.

Appropriate use of this service

GPs/clinicians may use this service for guidance on:

- Clinical decision-making in menopause care
- Hormone therapy considerations
- Symptom management

Information requirements

- **Generic enquiries:**
No patient identifiable information is required
- **Patient-specific enquiries:**
Please include:
 - Patient name
 - Date of birth
 - Address
 - Relevant medical and gynaecological history
 - Current medications
 - Clinical question
 - Last menstrual period (LMP) or menopausal status
 - Relevant investigations

Important considerations

- This service is **not monitored for urgent or time-critical matters**
- Advice provided is **general clinical guidance only**
- It **does not replace formal referral pathways**, urgent clinical assessment, or specialist review where clinically indicated