

## Caring for our Carers

We know caring can be tough. What would help you right now? How could you help others?

## **Get Support**

If you're caring...

- Get one on one support
- Connect to someone who has been there and understands
- Weavers walk alongside you to help regain a sense of control

## **Give Support**

## As a Weaver...

- Give one on one support to help others regain a sense of control
- Use your unique caring experience
- Works around your commitments
- Become a volunteer with Mission Australia

How can you help? How can we help you?

Contact Sue 0491147153 or bradysu@missionaustralia. com.au



MISSION

We acknowledge the traditional custodians of this land and we pay our respects to the Elders past, present and future for they hold the memories, the culture and dreams of the Aboriginal and Torres Strait Islander people.



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