

South Eastern NSW - NMHSPA Bilateral PHN Program

2025/26 - 2028/29

Activity Summary View



NAB-UAS - 1 - Universal Aftercare Services



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-UAS

Activity Number *

1

Activity Title *

Universal Aftercare Services

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

To support recovery of individuals after suicidal crisis or suicide attempt through aftercare.

Description of Activity *

SENSW PHN will:

Continue commissioning of existing universal aftercare services 'Next Steps' operated by Grand Pacific Health and 'Rebuild' operated by Mission Australia to provide non-clinical, rapid follow-up support to people after a suicide attempt or during a suicidal crisis.

Funding allocations across the two aftercare providers will be structured to optimize equitable access to both face-to-face and

virtual service delivery in line with consumer preference, while improving reach and access for priority populations including regional and rural communities, adult men, and Aboriginal and/or Torres Strait Islander people.

In addition, 'Next Steps' program to target older persons at risk of suicide through participation in the NSW Older People's Aftercare Expanded Referral Pathways Pilot.

Providers are required to build referral pathways with diverse health and non-health touchpoints, including Local Health Districts, PHN-commissioned mental health providers, general practice, self-referral, and services relating to situational stressors associated with risk of suicide (e.g. family and relationship services, social welfare services, places for formal and informal social connection).

SENSW PHN will monitor and support providers continuous improvement in performance including alignment with key NSW universal aftercare guidelines, and submission of quality aftercare data. Mechanisms will be implemented to ensure robust governance, provide clear local pathways for care, build workforce capability, and support ongoing system integration and improvement. This includes the SENSW PHN engaging with aftercare providers, lived experience representatives, local Aboriginal Controlled Organisations, LHDs, local Suicide Prevention Community Collaboratives, Ministry of Health and other key stakeholders.

SENSW PHN will undertake evaluation, stakeholder consultation and market analysis to inform future commissioning approach.

SENSW will establish and administer Community Collaboratives, and Suicide Prevention Training, in line with NSW bilateral agreement.

Community-based suicide prevention initiatives are also undertaken through the Primary Mental Health Care schedule (utilising the remaining carry over Targeted Regional and Community Initiatives to Suicide Prevention funding, MH flexible and operational funds; refer to MH-20 in the Primary Mental Health Care AWP.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Mental health and suicide prevention - regional and local coordination	78
Mental health and suicide prevention - equitable service distribution and access	78
Mental health and suicide prevention - community capacity and resilience	78
Mental health and suicide prevention - positive mental health and well-being outcomes and experiences of care	78



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

Submitted

Subject	Description	Commented By	Date Created
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NAB-HE - 1 - headspace Enhancement - Batemans Bay



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

1

Activity Title *

headspace Enhancement - Batemans Bay

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To increase capacity of headspace centres to meet the needs of young people aged 12–25 years due to increasingly complex presentations and funding pressures that have constrained activity in recent years.

Description of Activity *

SENSW PHN continues to support headspace Batemans Bay to improve access to headspace services including:

- enhancing Centre based services
- outreach services provided to Narooma and Moruya
- providing additional workforce including MH peer workers, youth access and
- five hours each week of after-hours access.

Needs Assessment Priorities ***Needs Assessment**

Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Young people's mental health and wellbeing	78



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
South Coast	10104



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

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Subject	Description	Commented By	Date Created
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NAB-HE - 2 - headspace Enhancement - Bega



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

2

Activity Title *

headspace Enhancement - Bega

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To increase capacity of headspace centres to meet the needs of young people aged 12–25 years due to increasingly complex presentations and funding pressures that have constrained activity in recent years.

Description of Activity *

SENSW PHN continue to support headspace Bega to improve access to headspace services. Bega reached the funding floor in 2023/24. The funding has been used to provide:

- additional workforce including a Clinical Psychology Registrar, Mental Health Clinician, MH Peer Work and intake positions. Clinical Lead position funded through enhancement
- increased salary levels to become more competitive
- increased service (4.5 hours each week) of service outside normal business hours
- outreach services provided to Cooma, and Eden.

Needs Assessment Priorities ***Needs Assessment**

Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
South Coast	10104



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

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NAB-HE - 3 - headspace Enhancement - Goulburn/Yass



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

3

Activity Title *

headspace Enhancement - Goulburn/Yass

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To increase capacity of headspace centres to meet the needs of young people aged 12–25 years due to increasingly complex presentations and funding pressures that have constrained activity in recent years.

Description of Activity *

SENSW PHN continue to support headspace Goulburn/Yass to improve access to headspace services. Goulburn reached the funding floor in 2023/24. The funding has been used to provide:

- additional workforce including FTE for Mental Health Clinician, MH Peer Worker, Youth Counsellor, Youth Care Coordination and dietetics.
- increased salary levels to become more competitive
- four hours of service outside normal business hours each week.
- Mental Health Clinician providing outreach support to Crookwell Health Centre & Crookwell High School
- outreach services provided to Crookwell

Yass satellite were increased to a funding level of \$600,000 in 2023/24 with a further increase planned to reach the floor of \$800,000 in 2024/25. Yass used the additional funding to provide;

- Additional workforce including FTE for Mental Health Clinician, MH Peer Worker
- Increased salary levels to become more competitive

- Two hours of service each week outside of normal business hours

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Young - Yass	10106
Goulburn - Mulwaree	10105



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

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NAB-HE - 4 - headspace Enhancement - Nowra



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

4

Activity Title *

headspace Enhancement - Nowra

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To increase capacity of headspace centres to meet the needs of young people aged 12–25 years due to increasingly complex presentations and funding pressures that have constrained activity in recent years.

Description of Activity *

SENSW PHN continues to support headspace Nowra to improve access to headspace services. Nowra reached the funding floor in 2023/24. The funding has been used to provide:

- additional workforce including FTE for Senior Mental Health Clinician, MH Peer Worker, Family Counsellor, identified Community Engagement Officer, and Intake Worker.
- increased salary levels to become more competitive
- four and a half hours each week of service outside normal business hours
- Mental Health Clinician & Youth Access Worker provide outreach services to the Ulladulla community, via the community centre and local high school.

Needs Assessment Priorities ***Needs Assessment**

Needs Assessment 2024/25 - 2026/27

Priorities

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Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Shoalhaven	11401



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

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NAB-HE - 5 - headspace Enhancement - Queanbeyan



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

5

Activity Title *

headspace Enhancement - Queanbeyan

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To increase capacity of headspace centres to meet the needs of young people aged 12–25 years due to increasingly complex presentations and funding pressures that have constrained activity in recent years.

Description of Activity *

SENSW PHN continues to support headspace Queanbeyan to improve access to headspace services. Queanbeyan reached the funding floor in 2023/24. The funding has been used to provide:

- additional workforce including Mental Health Clinical Leadership, MH Clinician, Youth Care Coordination, and Community Engagement positions
- increased salary levels to become more competitive
- four hours each week of service outside normal business hours
- outreach provided to Bungendore & Braidwood
- recruitment for MH Peer Work position

Needs Assessment Priorities ***Needs Assessment**

Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Young people's mental health and wellbeing	78



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Queanbeyan	10102



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

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NAB-HE - 6 - headspace Enhancement - Wollongong



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

6

Activity Title *

headspace Enhancement - Wollongong

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To increase capacity of headspace centres to meet the needs of young people aged 12–25 years due to increasingly complex presentations and funding pressures that have constrained activity in recent years.

Description of Activity *

SENSW PHN continues to support headspace Wollongong to improve access to headspace services. Wollongong reached the funding floor in 2023/24. The funding has been used to provide:

- additional workforce including FTE for Clinical Psychology Intern, MH Peer Worker and Family Worker
- increased salary levels to become more competitive
- four hours each week of service outside normal business hours

Needs Assessment Priorities ***Needs Assessment**

Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Young people's mental health and wellbeing	78



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Wollongong	10704
Illawarra Catchment Reserve	10702
Dapto - Port Kembla	10701



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

Submitted

Subject	Description	Commented By	Date Created
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NAB-HE - 7 - headspace Enhancement - Shellharbour/Kiama



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-HE

Activity Number *

7

Activity Title *

headspace Enhancement - Shellharbour/Kiama

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To increase capacity of headspace centres to meet the needs of young people aged 12–25 years due to increasingly complex presentations and funding pressures that have constrained activity in recent years.

Description of Activity *

SENSW PHN worked with the Lead Agency and headspace National to establish a fully enhanced centre in Shellharbour and Satellite in Kiama. headspace Shellharbour was fully established in March 2024 and provides:

- Shellharbour & Kiama each employ a Mental Health Peer Worker
- Shellharbour employs an identified Youth Care Coordinator
- Increased salary levels to become more competitive
- Shellharbour offers four hours each week of service outside normal business hours

headspace Kiama was fully established in October 2024.

- Kiama offers two hours per week of service outside of normal business hour and includes outreach to local high schools.

Both Kiama & Shellharbour were fully enhanced from the commencement of service delivery.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Young people's mental health and wellbeing	78



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Kiama - Shellharbour	10703



Activity Milestone Details/Duration

Activity Start Date

30/04/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

Submitted

Subject	Description	Commented By	Date Created
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NAB-H2H - 1 - Shellharbour Medicare Mental Health Centre



Activity Metadata

Applicable Schedule *

NMHSPA Bilateral PHN Program

Activity Prefix *

NAB-H2H

Activity Number *

1

Activity Title *

Shellharbour Medicare Mental Health Centre

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To improve access to adult mental health support services.

Description of Activity *

The Shellharbour Medicare Mental Health Centre service provides psychological supports for people assessed as requiring moderate to severe psychological services. Consumers are assessed for level of intensity of service support required (low, medium, or high). Services include trauma informed service delivery, evidence-based psychological therapies (e.g. DBT, CBT, narrative and interpersonal therapy), single session interventions, family and carer supports, therapeutic and skills-based groups, peer work supports, aboriginal health worker services, care navigation and warm referral. Partnerships with Local Health Districts and the Department of Communities and Justice support to refer appropriate consumers to this service as well as clients with service navigation other health and non-health-based services where appropriate.

A stepped care support pathway supports coordinated care matched to individual need. Features of this approach include:

- stepped care levels of support intensity matched to consumer needs and goals
- the peer worker or Aboriginal health worker or another appropriate team member coordinates care across the entire episode, including care navigation and warm referrals
- warm referral to low intensity services for those who do not meet the threshold for the Shellharbour Medicare Mental Health Centre (i.e. those with low mental health severity)

- warm referral and shared care for those requiring support from tertiary mental health services

Referrals are received from the national Initial Assessment and Referral telephone line. No appointments are necessary as the Shellharbour Medicare Mental Health Centre operates a “no wrong door” policy. Ongoing co-design with community stakeholders ensures the service model is adapted to the local context. This includes referral pathway design between GPs, the LHD and other PHN commissioned services. The adapted service model supports the integration of services and coordination of care to improve access and continuity of care.

* Please refer to MH-AMHCT 2 in the Primary Mental Health Care AWP for the Moruya Medicare Mental Health Centre.

Needs Assessment Priorities *

Needs Assessment

Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Mental health and suicide prevention - regional and local coordination	78



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Kiama - Shellharbour	10703
South Coast	10104



Activity Milestone Details/Duration

Activity Start Date

30/06/2023

Activity End Date

29/06/2026

Service Delivery Start Date

01/07/2025

Service Delivery End Date

30/06/2026



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments



Summary of activity changes for Department

Activity Status

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Subject	Description	Commented By	Date Created
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