

GP COVID-19 UPDATE

Week beginning 19 October 2020

COVID-19 cases in NSW	Please find weekly epidemiological report for the Illawarra Shoalhaven attached, and NSW
UPDATED	here: https://www.health.nsw.gov.au/Infectious/covid-19/Pages/weekly-reports.aspx
	Between 10 & 17 October 31 new cases were notified in NSW, a 12 case increase compared to
	the previous 7 days. Meanwhile COVID-19 tests increased by 10%. Most cases were from
	known sources in South Western and Western Sydney; however, <mark>4 new cases from unknown</mark>
	sources indicate ongoing community transmission in NSW. No recent locally acquired cases
	have been notified among Illawarra Shoalhaven residents. Despite increased testing in NSW,
	testing numbers have plateaued in the Illawarra and Shoalhaven. Please continue to
	encourage vigilance in testing anyone with even mild symptoms.
Screening staff and	All staff and patients should be screened every day prior to entering your practice.
patients	cold or flu like symptoms or loss of taste/ smell?
	• contact with COVID-19 case? or return from overseas or Victoria in last 14 days?
	• visited any of the NSW COVID-19 case locations, on dates/ times indicated?
	https://www.nsw.gov.au/covid-19/latest-news-and-updates#latest-covid-19-case-
	locations-in-nsw_UPDATED
RACGP resources	Subscribe to weekly national COVID-19 updates for GPs:
	https://www.health.gov.au/using-our-websites/subscriptions/subscribe-to-covid-19-weekly-
	updates-for-gps
	RACGP COVID-19 portal: <u>https://www.racgp.org.au/coronavirus</u>
	Preparing for Telehealth: <u>https://www.aci.health.nsw.gov.au/make-it-</u>
	happen/telehealth/telehealth-for-nsw-health-clinicians
Testing locations	Where do I get tested for COVID-19? <u>https://www.nsw.gov.au/covid-19/how-to-protect-</u>
	yourself-and-others/clinics; https://www.islhd.health.nsw.gov.au/services-clinics/public-
	health-unit/infectious-diseases/covid-19-latest-advice-and-resources-4
ISLHD visiting hours	11am-1pm & 5-7pm. 1 visitor per session per patient (& up to 1 child). Various exemptions
	apply – see ISLHD website: <u>https://www.islhd.health.nsw.gov.au/services-clinics/public-</u>
	health-unit/infectious-diseases/covid-19-latest-advice-and-resources-0

Public Health Unit Contacts

Statewide PHU number	1300 066 055
Wollongong PHU	02 4221 6700; AH 02 4222 5000 (Wollongong hospital - ask for Public Health Officer on call)

COVID-19 new research, evidence and guidance

Novel point-of-care test	What is the accuracy of rapid, point-of-care antigen and molecular-based tests for the diagnosis
accuracy NEW	of SARS-CoV-2 infection? Promising results from rapid molecular-based tests. RT-PCR is still the
	reference standard. https://www.cochranelibrary.com/cca/doi/10.1002/cca.3282/full
JAMA NEW	"Sensible Medicine" during the time of a pandemic. Balancing the desire for rapid acceleration
	in research and interventions, with essential academic scepticism.
	https://jamanetwork.com/journals/jama/fullarticle/2772072
Impacts on Trauma	Royal North Shore and John Hunter Hospital have conducted retrospective analyses showing
Presentations in NSW	how the COVID-19-related lockdown measures and social distancing have seen an overall
NEW	decrease in volume of trauma cases: https://onlinelibrary.wiley.com/doi/10.1111/ans.16375
	https://www.mja.com.au/journal/2020/effect-covid-19-social-restrictions-major-trauma-
	volumes-and-resource-utilisation
The Journal of Medical	An interesting article that discusses the rights and duties of doctors during a pandemic, viewed
Ethics NEW	from various perspectives. https://jme.bmj.com/content/early/2020/10/15/medethics-2020-
	<u>106266#T1</u>
National	
CDNA National COVID-19	CDNA National COVID-19 Guidelines V3.9 (updated 9 October 2020) – Latest revisions related
Guidelines (COVID-19	to: clinical presentation (atypical symptoms include chest pain, diarrhoea and conjunctivitis);



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`SoNG') & NSW	contact management; assessing health care worker exposure in the context of PPE use;
Appendix	contact tracing in high risk settings; contingency strategies for aged and healthcare workforce:
	https://www1.health.gov.au/internet/main/publishing.nsf/Content/cdna-song-novel-
	<u>coronavirus.htm</u>
	NSW Appendix to `SoNG' (last update 14 September 2020):
	https://www.health.nsw.gov.au/Infectious/controlguideline/Pages/novel-coronavirus.aspx
Australian Government	A series to update general practitioners on the COVID-19 response: Latest recorded 8 th October:
Department of Health	https://www.health.gov.au/resources/webinars/covid-19-response-update-for-gps-8-october
NEW	Next webinar will be held on the 22 nd of October, register <u>here</u> .
National COVID-19	Links to evidence-based `living guidelines' and flowcharts on clinical management:
clinical evidence	https://covid19evidence.net.au/
taskforce UPDATED	
Australian Commission	Links to COVID-19 evidence and guidance from organisations in Australia and across global
of Safety and Quality in	community: https://www.safetyandguality.gov.au/publications-and-resources/resource-
Health Care	library/covid-19-web-resources
Royal Commission into	Aged care and COVID-19: a special report:
Aged Care Quality and	https://agedcare.royalcommission.gov.au/publications/aged-care-and-covid-19-special-report
Safety	
Aboriginal and Torres	NACCHO (National Aboriginal peak body): COVID-19 clinical and promotional resources and
Strait islander Health	advice: https://www.naccho.org.au/home/aboriginal-health-alerts-coronavirus-covid-19/
Australian Partnership	APPRISE is a Centre of Research Excellence which develops research and evidence to inform
for Preparedness	Australia's capacity to prepare, respond and recover from infectious diseases. Link to the
Research on Infection	APPRISE large reliable source of research and resource links, including evidence reviews and
Disease Emergencies	research papers, dashboards and tools: <u>https://www.apprise.org.au/covid-19/2019-novel-</u>
Ū	coronavirus-2019-ncov/
NSW	
Agency for Clinical	Links to the Critical Intelligence Unit for rapid, evidence-based advice, including daily digests of
Innovation	new evidence/ reports, and for other information to support `communities of practice' in
	specific clinical areas: https://www.aci.health.nsw.gov.au/covid-19
Clinical Excellence	Link to COVID-19 Infection Prevention and Control resources page with resources for health
Commission	and other workers in NSW: <u>http://www.cec.health.nsw.gov.au/keep-patients-safe/COVID-19</u>
Commission	and other workers in NSW. <u>http://www.cec.neath.nsw.gov.ad/keep patients sate/covid-15</u>
Self-isolation guidelines	Suspected: https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-
UPDATED	suspected.aspx;
	Confirmed: https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-
	confirmed.aspx;
	Close contact: <u>https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-</u>
	<u>contacts.aspx</u>
International	
Centre for Evidence-	Links to Oxford COVID-19 Evidence Service page including rapid evidence reviews, data
Based Medicine	analysis and thought-provoking writing: <u>https://www.cebm.net/oxford-covid-19-evidence-</u>
	service/
WHO COVID-19 Health	HSRM collects and organises information on how countries' health systems are responding -
Systems Response	currently includes information for most of the countries in Europe:
Monitor	https://covid19healthsystem.org/mainpage.aspx

COVID-19 statistics and reports UPDATED

NSW COVID-19 updates & case	https://www.health.nsw.gov.au/Infectious/covid-19/Pages/latest-updates.aspx
statistics (& by LHD, LGA)	https://www.health.nsw.gov.au/Infectious/covid-19/Pages/stats-nsw.aspx
John Hopkins Coronavirus	https://coronavirus.jhu.edu/data
Resource Center	