

# My Health Record

## How to create a My Health Record for someone who is not capable of making their own decisions

### What



You can create, access and manage a My Health Record for someone who is not capable of making their own decisions

My Health Record is a secure online summary of an individual's key health information. In certain situations, you can create a My Health Record for someone else, control what goes into it, and decide who is allowed to access it. You can also choose to share their health information with doctors, hospitals and other healthcare providers.

### Why



Faster access to health information in an emergency

My Health Record can allow for faster access to appropriate healthcare information which can be important in an emergency. For those with special care needs, the ability to connect their treating healthcare providers will mean safer and better healthcare.

My Health Record can also detail preferences for an individual's important life wishes such as organ and tissue donation decisions, as well as store advance care planning documents, and the contact details of any custodians.

### How



You can apply to create, access and manage a My Health Record for someone in one of two ways:

- ✓ Visiting [myhealthrecord.gov.au](http://myhealthrecord.gov.au) and apply in writing
- ✓ Visiting a Medicare Service Centre

You can only manage the records of dependants or individuals over 18 and if you are authorised by law, or are an appropriate person to act on their behalf.

### What is an Authorised Representative?

In the My Health Record system someone who is managing a My Health Record on someone else's behalf is called an Authorised Representative.

An Authorised Representative can be someone who is authorised by law or someone who is an appropriate person to act on their behalf.

**My Health Record forms the cornerstone of a safe, secure and better health system for all Australians.**

For more information or to register today

Go to [myhealthrecord.gov.au](http://myhealthrecord.gov.au)

Call **1800 723 471**



# My Health Record

## How to give someone access to your My Health Record

### What



My Health Record is a secure online summary of your health information. You can control what goes into it, and who can access it. You can choose to share your health information with your doctors, hospitals and other healthcare providers.

My Health Record allows others to help you manage your health information

You can give a trusted person, like a family member, friend or carer, access to your My Health Record.

My Health Record can detail preferences for your important life wishes, such as organ and tissue donation decisions, as well as storing your advance care planning documents, and the contact details of any custodians.

### How



You can add a Nominated Representative to your My Health Record

Visit [myhealthrecord.gov.au](https://myhealthrecord.gov.au) or [my.gov.au](https://my.gov.au)

Nominated Representatives can manage a My Health Record in three ways:

- ✓ **Full access:** Nominated Representatives can view, edit, upload and remove information, but cannot cancel your My Health Record.
- ✓ **Restricted access:** The Nominated Representative can view all documents including those you have marked as restricted.
- ✓ **General access:** The Nominated Representatives can view all documents except those that you have marked as restricted.

### What is a Nominated Representative?

In the My Health Record system someone who is able to access another person's My Health Record is called a Nominated Representative.

A Nominated Representative is appointed by the individual (or by an Authorised Representative on behalf of the individual).

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Note: Nominated Representatives can access a record with a Personal Access Code (PAC).



Australian Government  
Australian Digital Health Agency



My Health Record