



Information sheet

Bushfire Recovery Psychological Support Service



The Bushfire Recovery Psychological Support Service will run until 31 March 2020 and is provided **free** of charge, the service offers:

- Short term support (up to **three** individual, face to face sessions) and
- Focused psychological strategies

Individuals requiring additional services will be referred back to their GP for assessment and consideration of a Mental Health Treatment Plan to access ongoing support.

Accessing the service

- Individuals have the ability to **self refer** or
- GPs can refer individuals to access these services

These services can be accessed **without the need** to complete a referral form or a mental health treatment plan, simply contact one of the registered providers and advise you would like to access services under the Bushfire Recovery Psychological Support Service.

Who is providing the service?

The following providers are registered to deliver these services:

Provider Name	Contact number	Email	Town
Monica Blayney	6492 3333	mbclinpsych@gmail.com	Bega
Sally-Anne Brown	0490 460 138	Sallyannebrown232@gmail.com	Bega
Rachael Driessen	6492 3333 or 6495 3970	rachaeldriessen@hotmail.com	Bega / Merimbula
Jocelyn France	0431 653 733	francejocelyn@gmail.com	Bega
Gayle Salt	0408 617 887	Gayle.salt@turabeachpsychology.com.au	Tura Beach
Frances Sutherland	6492 3333	fpsutherland@live.com	Bega
Lyne Tremblay	0498 853 690	lynetre@gmail.com	Bega
Nadine Hills	0401 404 146	enhills@speedlink.com.au	Bega
Sapphire Coast Medical Practice – Tathra	6494 1877		Tathra
Grand Pacific Health	6494 8800		Bega

* **Please note** registrations for providers to deliver this service remain open, this list will continue to be updated as more allied mental health professionals register to deliver services under this scheme.

For more information

Contact COORDINARE – South Eastern NSW PHN on 02 4474 8410 or email info@coordinare.org.au