

# Men and My Health Record

In general, men see general practitioners (GPs) less frequently than women.\*

\*Source: Harrison C, Britt H. General practice – Workforce gaps now and in 2020. Aust Fam Physician 2011;40(1-2):12-15. Search PubMed

Encouraging men to discuss their healthcare concerns with their doctor, pharmacist or other healthcare provider can be difficult.

One way healthcare providers can encourage Australian men to manage their health is to become a 'My Health Record' man.

## Key benefits for your patients include:

- ✓ When moving interstate or travelling, their information can be viewed securely online.
- ✓ In emergency situations, treating doctors can view current medications to provide the appropriate treatment quickly.
- ✓ Patients don't need to remember medicine names or dosages, or have to repeat their 'health story' whenever they see a new healthcare provider or clinician.
- ✓ Allergies, medical conditions, treatments and pathology or diagnostic imaging reports can be viewed through one system online.

## Key benefits for you include:

- ✓ My Health Record can assist you to better manage your patients' treatments and care.
- ✓ My Health Record supports improved health outcomes, better continuity of care, greater patient safety and more effective information sharing between providers.
- ✓ The My Health Record system can help reduce adverse drug reactions and medical errors.
- ✓ As more people use the My Health Record system, Australia's national health system will become better connected.

Over **6,200**  
GP practices



Over **785**  
public hospitals



Over **1,400**  
community pharmacies



have registered as providers with the My Health Record program to date.\*

\*November 2017

My Health Record forms the cornerstone of a safe, secure and better health system for all Australians.

For more information:

 Go to **myhealthrecord.gov.au**

 Call **1300 901 001**



**Australian Government**  
**Australian Digital Health Agency**



My Health Record



## Nick's My Health Record Story

“It was a big wake-up call going into cardiac rehab and I was the youngest by 20 years. I ended up really thinking about my health and becoming more aware of my medical history.”

**Nick Morton,  
Belt splicer and father**



“After spending four weeks in Queensland following my son's heart attack, caring for him and helping where I could; I returned to Victoria and immediately saw our family doctor to let him know what had happened. He was able to log onto My Health Record and pull up all of Nick's medical history. He could visualise the activity from when he was admitted and discharged from hospital in Townsville, to the follow-up appointments with Mackay Hospital and his local GP in Marian. It saved me a lot of stress and time.”

**Lisa Morton,  
Mother to Nick and three other adult children**



“Nick verbally told me what had happened after his heart attack in Queensland, but he didn't have any hard copy details. He directed me to his My Health Record and I was able to access it and see his discharge summary and various reports.”

**Dr Nick Nicola,  
Family GP to the Mortons**



## Tiger's My Health Record Story

“I've had a triple bypass, got six stents, am a sugar diabetic type 2, my kidneys are on fail point, got arthritis pretty bad, some of my bones are now bone-on-bone, and have gout, reflux, and emphysema. Having a My Health Record is the only way to keep track of everything!”

**Tiger Corrigan,  
72 years-old, suffers from multiple chronic conditions**



“Tiger visits a lot of different specialists – cardiologists, urologists and endocrinologists – so there's complex issues that need to be managed. Often, those specialists don't communicate with each other. By using My Health Record, important information is brought together so there's a coordinated approach to his care.”

**Dr Ron Malpass,  
Practice owner and GP to Tiger Corrigan for 30 years**