

ADEA Pathways Project - GP consultation

Project scope

There is currently no clear, Australian Diabetes Educators Association (ADEA)-endorsed Australian information for people with diabetes, healthcare providers and others that sets the standard for when people with type 1, type 2, gestational or other types of diabetes, should see a Credentialed Diabetes Educator (CDE) for diabetes education, care and management.

The project aims to provide this guidance in the form of simple diagrams, summarising evidence and expert consensus to develop 'gold standard' pathways for diabetes education throughout the diabetes journey from initial diagnosis through to follow-up/review consultations. The pathways will consider priority groups, as well as various 'ages and stages' of diabetes. As part of this project, advice will be developed on recommended number of consultations for different priority groups, ages and stages as well as the expected length of diabetes education appointments. This advice will support planned advocacy and communications.

The pathways will provide:

- People with diabetes with an understanding of the importance of diabetes education and simple, consumer-centric guidance on when they should see a CDE
- Healthcare providers, particularly GPs, with a framework for referral
- ADEA with information and materials to support advocacy for enhancements to MBS-funded GP referrals for diabetes education
- Health services with a framework for workforce planning.

Resources

As part of this project a 6 page GP toolkit (including 4 pathways) have been developed. We are seeking feedback on this toolkit and pathways from GPs.

Consultation

We would like to conduct several facilitated online focus groups or individual interviews/chats (depending on access and availability of GPs). These will be conducted by an external communication company and with an ADEA representative present. We anticipate these will take no more than 20 minutes. The resources will be sent prior to the consultation (for the GPs to familiarise themselves with the resources). These groups/interviews will be recorded for the purpose of refining the resources. A certificate of appreciation will be provided, and morning tea or lunch can be provided for the focus groups if applicable.

Timeframe: We hope to complete these interview/focus groups by the end of January 2021.

For more information or to book a time please contact:

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