



Moments of impact

Local Peer Work stories

December Letters

In the lead-up to the holiday season, when the world turns its attention to gathering, celebrating and connecting, some people find themselves in places that feel distant. Hospitals and inpatient wards can be especially lonely in December, where routines replace rituals and the soft chaos of family and festivity is held by quiet corridors.

In the spirit of connection and care, our Peers came together to create a simple yet profoundly meaningful gesture of care. Our Peers wrote Christmas cards by hand for individuals spending the holidays in inpatient wards.

This heartfelt initiative **seeks to bring compassion, solidarity, and a sense of human connection into institutional settings**, reminding people they are not alone during what can be a particularly challenging time.

Each card held the voice and the story of someone who deeply understands and knows intimately how powerful it can be to be reminded that you matter and are still a part of these important milestones.

The December Letters are not a moment of impact because of its scale, but because of its heart. It reflects what Peer Work brings to the sector at its most essential level, human connection without condition.

No role description demands this and that is a testament to the kind of workforce we are building, one where compassion extends beyond service delivery and kindness is proactive.

The recipients of the letters may never meet the Peers who wrote to them. **But the connection forged in these moments embodies the spirit of Peer Work in its purest form.** Reaching out with honesty, care and a shared belief in what is still possible.

