

THE IMPRESS STUDY

IMPROVING BLOOD PRESSURE CONTROL IN PRIMARY CARE

INTERESTED IN PARTICIPATING IN AN INNOVATIVE RESEARCH PROJECT AIMED AT IMPROVING BLOOD PRESSURE IN GENERAL PRACTICE?

The University of Wollongong Graduate School of Medicine and School of Nursing is seeking GPs and Practice Nurses to participate in the ImPress study. Practices will be randomised to intervention or control group.

RESEARCH AIMS

To improve blood pressure (BP) control and reduce cardiovascular disease (CVD) risk factors in individuals with hypertension and high CVD absolute risk.

INCLUSION CRITERIA

Active patients
aged 45-74
with diagnosis
of hypertension.

PARTICIPATION BENEFITS

- **FREE** General Practice nurse education workshops including Pen CAT training with ongoing technical support. (2 CPD points)
- Payments of **\$300** for GPNs to attend training session.
- All GPN visits will be reimbursed
- **\$500** for the practice to undertake the medical record search
- **\$100** visa gift card for each GP and GPN to attend the teamworking session.
- Opportunity to enhance patient care
- Control group will receive **FREE** educational workshop and a reimbursement for data collection
- GP and Nurse **academic mentorship** and support throughout