

## Population

Total population  
**616,800+**



More than  
**25,800** (4.2%)

people identify as Aboriginal and Torres Strait Islander



High socio-economic disadvantage:

**43%** Illawarra Shoalhaven  
**40%** Southern NSW

Projected population growth:  
**9.5%** between 2016-2026



**19.7%** aged over 65 years

**13 million** tourists

spend a total of  
**18 million** nights

**51.9%** people live in major cities

**38.5%** in inner regional areas

**9.6%** in outer regional areas

**55,200+** (9.3%) culturally and linguistically diverse people



## Health and older persons' services

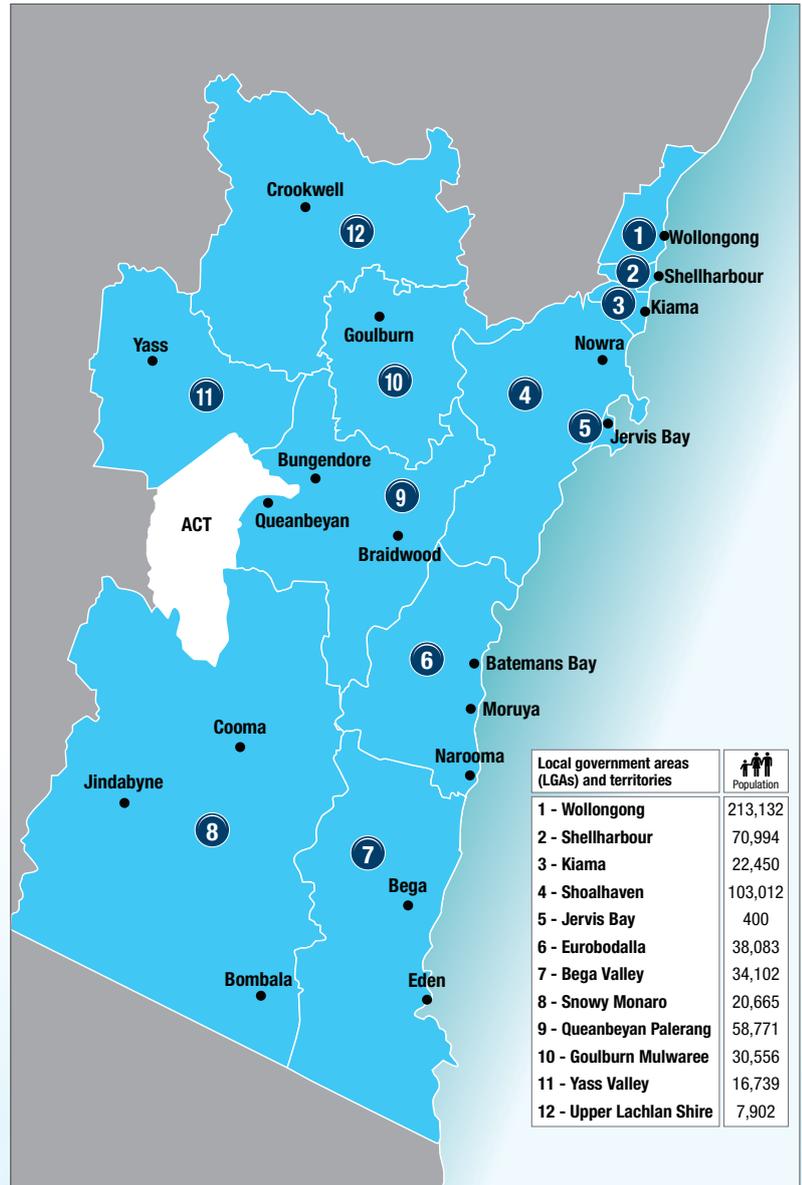
More than  
**740** GPs  
**203** general practices

**160** residential aged care and home care services

**22** public hospitals

**16** emergency departments

**34** community health centres



## Our health priorities

### Chronic conditions

Higher than NSW and Australian average prevalence figures for chronic conditions including:

- mental and behavioural disorders
- respiratory conditions
- circulatory system diseases
- musculoskeletal conditions



Several pockets of relatively high rates of potentially preventable hospitalisations with top 5 conditions in the region being:

1. chronic obstructive pulmonary disease
2. pneumonia and influenza (vaccine preventable)
3. cellulitis
4. congestive heart failure
5. diabetes complications

### Preventative health

Higher than NSW and Australian average prevalence figures for lifestyle risk factors amongst the adult population including:

- obesity
- high risk alcohol consumption
- insufficient physical activity

### Annual childhood immunisation coverage

1 year	2 years	5 years
<b>95.1%</b>	<b>92.3%</b>	<b>95%</b>
Australia 93.8%	Australia 90.9%	Australia 93.5%

### Annual cancer screening coverage (national screening programs only)

Cervical	Bowel	Breast
<b>56.3%</b>	<b>42%</b>	<b>57.9%</b>
NSW 55.7%	NSW 38.2%	NSW 53.7%

### Mental health and suicide prevention

Higher than NSW and Australian average estimates for:

- prevalence of long-term mental or behavioural problems
- high or very high psychological distress

Higher than NSW and Australian rates for:

- suicide deaths
- intentional self-harm related hospitalisations

### Alcohol and other drugs

High rates of:

- alcohol attributable hospitalisations
- methamphetamine-related hospitalisations



Higher than NSW and Australian average prevalence figures for:

- high risk alcohol consumption
- smoking



### Aboriginal health

Poorer status on all social determinants of health:

- unemployment
- overcrowded households
- lower educational attainment
- vulnerability to childhood development risks
- poverty

Higher prevalence of most **health and lifestyle risk factors** and consequently a higher prevalence of **most major long-term conditions**

### End of life care

**Highest projected growth** in the population is estimated for people aged **65+**

Higher than state and national average rates for **premature mortality** (death before 75 years of age)

High burden of long term debilitating conditions:

- all types of cancer
- cardiovascular diseases
- chronic pain
- musculoskeletal diseases especially arthritis

