



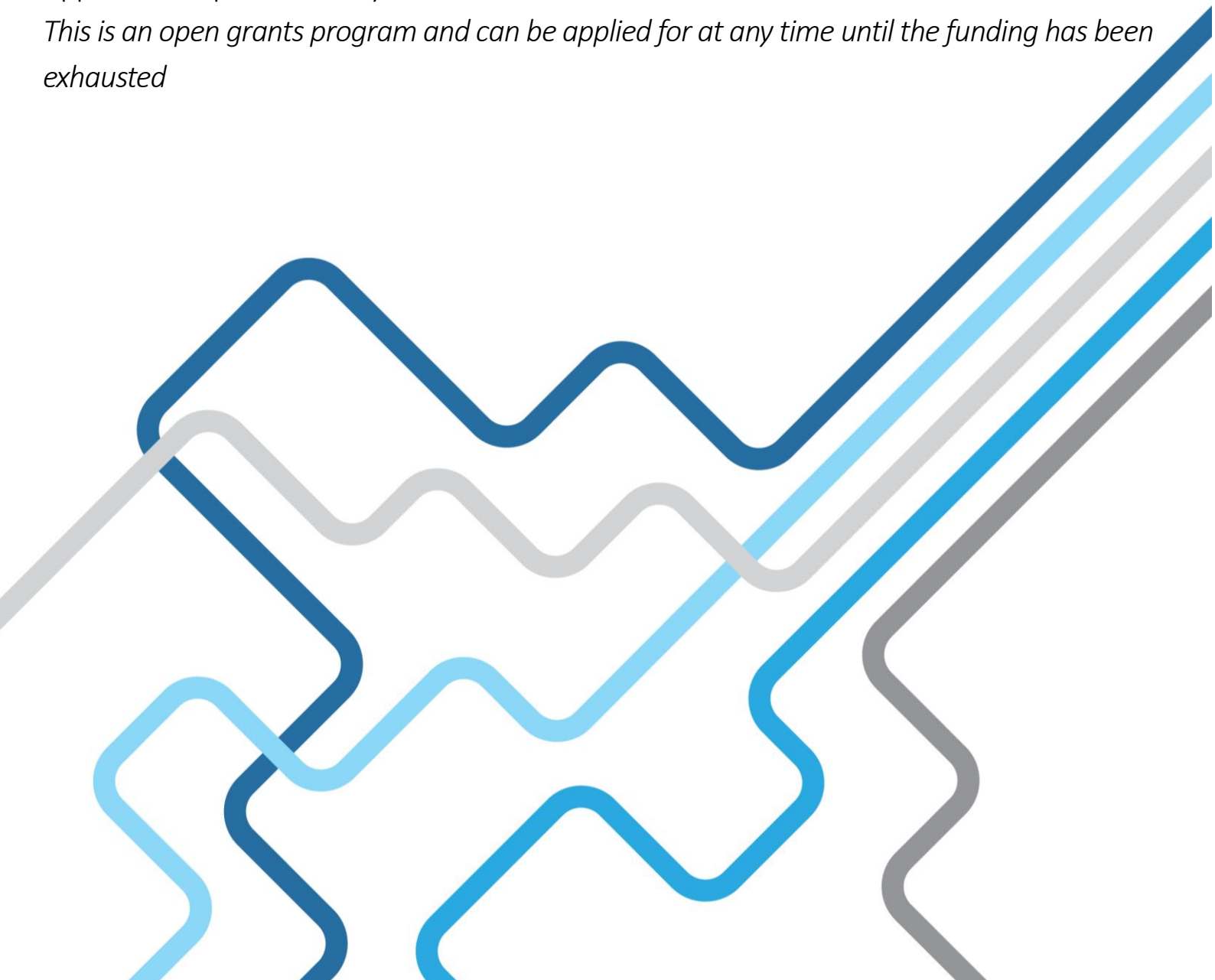
Community Grants

Empowering our communities

Application Guidance Document

Applications open: February 2019

This is an open grants program and can be applied for at any time until the funding has been exhausted





Contents

Introduction.....	2
Who can apply?	2
Background.....	2
Purpose and Objective	2
What the grant money can be used for	3
What the grant money cannot be used for.....	3
Grant funding amounts	3
How to apply	3
Further Information	3
Conditions of this grant process.....	4

Introduction

Empowering our communities is a commonwealth funded initiative aimed at helping farmers and communities in drought affected regions deal with the uncertainty, stress and anxiety of drought conditions.

COORDINARE – South Eastern NSW Primary Health Network (SENSW PHN) have set aside a portion of this funding to support a community grants program and invites local community organisations to apply for grant funding for group based activities that will promote community resilience and enhance community wellbeing whilst delivering mental health and wellbeing benefits to individuals.

Who can apply?

Organisations, community groups and local governments who are based in an area identified as a drought affected area within the South Eastern NSW PHN region are eligible to apply. Local government areas deemed eligible are: Shoalhaven; Eurobodalla; Bega Valley; Snowy Monaro; Queanbeyan Palerang; Goulburn Mulwaree; Yass Valley and Upper Lachlan Shire.

Background

COORDINARE – South Eastern NSW Primary Health Network

COORDINARE – SENSW PHN was established in July 2015. It is one of 31 PHNs established across Australia and one of 10 PHNs in NSW. The PHN spans two Local Health Districts (LHDs) – Illawarra Shoalhaven LHD and Southern NSW LHD and supports and strengthens general practice and primary health care services for more than 611,000 people across 11 Local Government Areas and one Commonwealth Territory (Jervis Bay). SENSW PHN works directly with General Practitioners (GPs), primary and secondary health care providers and hospitals to improve and better coordinate care for people in South Eastern NSW.

More information about COORDINARE can be found on our [website](#)

Empowering our Communities Initiative

In 2018 the government announced funding to provide increased support for mental health and suicide prevention measures for farmers and communities in drought affected areas under the ‘Empowering our Communities’ initiative. Anecdotal evidence indicates that rural communities, particularly farming communities, are generally averse to seeking and participating in more traditional, clinical forms of mental health care and support. It is acknowledged that there is a certain amount of stigma, particularly in small communities, around seeking and attending consultations with mental health professionals. It is also acknowledged that drought has detrimental economic and social effects for Aboriginal and Torres Strait Islander people, as well as detrimental cultural impacts associated with spiritual distress as the land deteriorates, and loss of traditional meeting places as the rivers dry up. ⁱ

Purpose and Objective

These grants aim to promote community resilience and enhance community wellbeing through group based activities that deliver mental health and wellbeing benefits to individuals. Funding is available for small to medium community groups/organisations to provide activities that are delivered at no cost to the consumer and will:

- Promote resilience and reduce stigma associated with mental illness and accessing mental health and suicide prevention services;
- Improve physical and mental health;

- Provide community education on topics such as managing stress, anxiety, depression and stigma.

What the grant money can be used for

This funding is for group focused health and wellbeing initiatives, types of activities that will be considered include:

- Community health and wellbeing events or workshops that promote individual and/or community resilience and reduce stigma associated with mental illness and accessing mental health and suicide prevention services;
- Complementary and lifestyle interventions known to improve physical and mental health, that can be delivered in a group setting, such as exercise classes, relaxation and yoga classes, mindfulness meditation classes; and
- Community education sessions on topics such as managing stress, anxiety, depression and stigma.

What the grant money cannot be used for

Projects which are not eligible for this funding include:

- Activities / services which duplicate existing
- Reimbursement of individual activities e.g. gym membership, aromatherapy etc.
- Construction of new community infrastructure
- Refurbishment, repair and maintenance of existing community infrastructure
- Purchasing of assets (i.e. buildings or vehicles)

Grant funding amounts

There are three levels of grant amounts available:

- Level 1 - up to \$1,500
- Level 2 - \$1,501 to \$10,000
- Level 3 - \$10,001 to \$30,000

Grant funding is available from February 2019 until funding has been exhausted.

How to apply

To apply for a South Eastern NSW PHN Community Grant, head to www.coordinare.org.au/drought where you can download the application form. Completed forms can be emailed to eocgrants@coordinare.org.au

Evaluation of applications will be determined by the level of funding you have applied for. Funding will be paid direct to the bank account provided on your application following the return of the signed grant agreement documents.

Further Information

For further information contact Louise Roser on 02 4474 8410 or email: lroser@coordinare.org.au

Conditions of this grant process

Acceptance	COORDINARE - SENSWPHN may in its discretion choose to accept or not accept all or part of any submission.
Representations	Representations by COORDINARE - SENSWPHN before accepting an expression of interest do not bind COORDINARE - SENSWPHN.
Assessment	COORDINARE - SENSWPHN may engage third parties to assess submissions.
ABN	Successful applicants must be able to supply an Australian Business Number (ABN).
Costs	Applicants must meet their own costs associated with preparing and presenting their proposal and any negotiations.
Additional information	COORDINARE - SENSWPHN may require additional information in writing or in interview. Information must be provided at no cost.
Confidential Information	COORDINARE - SENSWPHN and Applicants must take reasonable steps to keep confidential information confidential and must not disclose confidential information without prior written consent.
Process	COORDINARE - SENSWPHN may in its discretion discontinue or change this community grants program.
Grant agreements	Successful applicants may be required to sign a grants agreement with COORDINARE – SENSWPHN dependant on level of funding awarded.
Conflicts of interest	Applicants must declare to COORDINARE - SENSWPHN any matter or issue which is or may be perceived to be or may lead to a conflict of interest.
Ownership	COORDINARE - SENSWPHN will not return application documents.
Probity	If you consider that your application has not been fairly dealt with, please tell us as soon as possible.
Lobbying	Applicants who try to influence how an application is assessed will be disqualified from this process in COORDINARE – SENSWPHN's absolute discretion.

ⁱ PHN Primary Mental Health Care Flexible Funding Program Implementation Guidance, Empowering our Communities funding guidance, Department of Health, October 2018