



Health
Illawarra Shoalhaven
Local Health District



Self-directed Individual Active Learning Module (ALM) opportunity

Geriatrician in the Practice Project

Are you a GP who has been actively involved in the Geriatrician in the Practice project and interested in working on a self-directed Individual Active Learning Module?

To assist with this, COORDINARE and the Illawarra Shoalhaven Local health District have developed a resource that will assist you put together a self-directed Individual Active Learning Module (ALM). This presents an opportunity to develop an individual ALM that suits your own learning needs. Why not capitalise on the time, knowledge and experience that you have gained from being part of the project and use it as part of your ongoing professional development.

Steps in the individual ALM for GPs:

1. select an area of learning you wish to develop
2. set personal learning outcomes
3. complete a minimum of six (6) hours of active learning on your chosen topic (a combination of different activities may be used)
4. reflect on the learning and consider ways in which future ALM activities could be improved
5. implement change in your clinical practice and/or practice systems that will reliably improve patient safety
6. complete and submit an individual ALM form as per college requirements¹

The following documents is designed to assist general practitioners who are participating in the 'Geriatrician in the Practice' project develop up an Individual GP Active Learning Module as a Category 1 Activity for the QI and CPD Program 2014–16 triennium. Please refer to the RACGP website for specific requirements and submission process.

1. The Royal Australian College of General Practitioners. QI and CPD Program 2014–16 triennium handbook. Melbourne: The RACGP, 2013.