

## Advance Care Planning in general practice

### Resources for patients – NSW

#### General patient resources

##### General

- Advance Care Planning Australia: <http://advancecareplanning.org.au/> Click on 'for everyone'. Click on "Contacts and links" for information about Advance Care Planning in your state or territory.
- MyValues: <https://www.myvalues.org.au/>  
This website is a set of specially constructed statements designed to help you identify, consider and communicate your wishes about the medical treatment you would want in the later stages of life.
- Go Wish-interactive US website: <http://gowish.org/staticpages/index.php/thegame>  
Playing this game with your relatives or best friends can help talk about what is important to you.

#### New South Wales patient resources

- NSW Ministry of Health Website: Advance Care Planning  
Phone:( 02) 9391 9000  
<http://www.health.nsw.gov.au/patients/acp/pages/default.aspx>
- Planning Ahead Tools: This website includes Wills, Power of Attorney Enduring Guardian and Advance Care planning tools  
NSW Ministry of Health Website;  
<http://www.health.nsw.gov.au/patients/acp/pages/default.aspx>
- Dignity, Respect and Choice: Advance Care Planning for End of Life for People with Mental Illness - An Introductory Guide: Advance Care Planning for End of Life for People with Mental Illness  
NSW Ministry of Health Website  
<http://www.health.nsw.gov.au/patients/acp/pages/default.aspx>
- Capacity : Capacity Toolkit: The Capacity Toolkit is a guide to assessing a person's capacity to make legal, medical, financial and personal decisions.  
[http://www.justice.nsw.gov.au/diversityservices/Pages/divserv/ds\\_capacity\\_tool/ds\\_capacity\\_tool.aspx](http://www.justice.nsw.gov.au/diversityservices/Pages/divserv/ds_capacity_tool/ds_capacity_tool.aspx)  
NSW Department of Justice  
Phone: (02) 8688 8460  
Email: [diversity\\_services@agd.nsw.gov.au](mailto:diversity_services@agd.nsw.gov.au)  
  
Public Guardian  
General information on guardianship or the Public Guardian, contact the Information & Support Branch  
Phone:(02) 8688 6070 (NSW STD callers 1800 451 510)  
<http://www.publicguardian.justice.nsw.gov.au/>
- Guardianship Information  
NSW Civil and Administrative Tribunal (NCAT)  
Phone 1300 006 228 and press 2 for Guardianship Division matters or (02)9556 7600  
Email: [gd@ncat.nsw.gov.au](mailto:gd@ncat.nsw.gov.au)  
<http://www.ncat.nsw.gov.au/Pages/guardianship/guardianship.aspx>

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#### Patient resources for population groups

##### Aboriginal & Torres Strait Islander peoples:

- Taking Control of YOUR Health Journey: Advance Care Planning for Aboriginal and Torres Strait Islander Community  
<http://advancecareplanning.org.au/advance-care-planning/for-everyone/advance-care-planning-for-aboriginal-and-torres-strait-islander-people/>
- Aboriginal Planning Ahead; The *Aboriginal Wills Handbook* and its companion booklet *Taking care of business* aim to enable Aboriginal people to make culturally appropriate planning ahead documents.  
NSW Ministry of Health Website  
<http://www.tag.nsw.gov.au/aboriginal-planning-ahead.html>

##### People with dementia:

- Alzheimer's Australia: State specific information is available. There are also regional offices throughout Australia.  
<https://nsw.fightdementia.org.au/nsw/about-us/contact-us>  
  
Alzheimer's New South Wales  
Phone: 02 9805 0100  
Email: [nsw.admin@alzheimers.org.au](mailto:nsw.admin@alzheimers.org.au)
- National Dementia Helpline for information and support. Available 9.00am to 5.00pm nationally across Australia, Monday to Friday excluding national public holidays.  
Phone: 1800 100 500  
Email: [helpline.nat@alzheimers.org.au](mailto:helpline.nat@alzheimers.org.au)
- Start2talk (information is available in 30 languages):  
[http://start2talk.org.au/do\\_you\\_have\\_memory\\_loss](http://start2talk.org.au/do_you_have_memory_loss)

##### Culturally and linguistically diverse communities:

- Alzheimer's Australia: (information is available in more than 30 languages)  
<https://vic.fightdementia.org.au/about-dementia-and-memory-loss/resources/CALD>
- Advance Care Planning Australia (contains patient information in 10 languages):  
<http://http://advancecareplanning.org.au/language-services/>
- Start2talk (information is available in 30 languages):  
[http://www.start2talk.org.au/information\\_in\\_other\\_languages](http://www.start2talk.org.au/information_in_other_languages)

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#### LGBTI people:

- National LGBTI Health Alliance <http://lgbtihealth.org.au/> *Silver rainbow project*; Funded by the Australian Government Department of Social Services
- Alzheimer's Australia: (resource information is available)  
<https://vic.fightdementia.org.au/about-dementia/resources/LGBTI>
- National Council for Palliative Care and the Consortium of Lesbian, Gay, Bisexual and Transgendered Voluntary and Community Organisations *Open to all? Meeting the needs of lesbian, gay, bisexual and transgender people nearing the end of life*. (DVD and booklet). UK
- Cartwright C, Lienert T, Beck K. (2010) *Knowledge about and Attitudes towards End of Life Care for Gay, Lesbian, Bisexual and Transgender People. Phase 2, Stage 1: State-wide Survey*. Report to Law and Justice Foundation