



# QI Recipe

# Diabetes: Winter Strategy

Focus	MBS items	Why improve this area?	Quality Improvement Ideas	Clinical and QI Resources
<p><b>Management of Diabetes</b></p>	<ul style="list-style-type: none"> <li>- Diabetes SIP (2517, 2521, 2525)</li> <li>- GP Management Plan (GPMP) item 721</li> <li>- Team Care Arrangements (TCA) item 723</li> <li>- GPMP RACF item 731</li> <li>- Review of GPMP &amp;/or TCA item 732</li> <li>- Health assessments (701,703,705,707,715)</li> <li>- Immunisation item 10993</li> <li>- Allied Health item 10950-10970</li> <li>- PNIP items 10987 &amp; 10997</li> <li>- Home Medicines Review (item 900)</li> <li>- Group Allied Health Services – Type 2 Diabetes (81100, 81110, 81120, 81105, 81115, 81125)</li> </ul>	<ul style="list-style-type: none"> <li>- Improved patient outcomes and quality of life</li> <li>- Improved patient self-management, health literacy and education</li> <li>- Reduce the risk of under treatment/overtreatment</li> <li>- Provide multi-disciplinary care</li> <li>- Burden of disease is high</li> <li>- Precursor to other chronic disease</li> <li>- Adherence to evidence based guidelines</li> <li>- Enhanced systems aligned with Quality PiP (2019)</li> <li>- Up-to-date MHR</li> <li>- Evidence to support accreditation requirements</li> </ul>	<ol style="list-style-type: none"> <li>1. Establish team roles</li> <li>2. Undertake data cleansing</li> <li>3. Identify target population/s</li> <li>4. Collect baseline data</li> <li>5. Monitor progress</li> <li>6. Implement recall and reminder system</li> <li>7. Set goals for no. of patients treated to target</li> <li>8. Schedule staff training</li> <li>9. Schedule internal meetings</li> <li>10. Schedule COORDINARE meetings</li> <li>11. Design service delivery model</li> <li>12. Prepare and send patient invitations</li> <li>13. Implement service delivery model</li> <li>14. Create relevant patient action plans</li> <li>15. Updates at team meetings</li> <li>16. Benchmark report in team meeting/s</li> <li>17. Speak to your Health Coordination Consultant for additional QI ideas</li> </ol>	<p><u>COORDINARE SPDS resources:</u></p> <ul style="list-style-type: none"> <li>- Data cleansing manual and supplementary manual.</li> <li>- CQI Facilitation Tool and CQI Tracking Tool</li> <li>- <a href="#">HealthPathways Illawarra-Shoalhaven</a> and</li> <li>- <a href="#">HealthPathways ACT-Southern NSW</a></li> <li>- <a href="#">Guidelines for General Practice Management of Type 2 Diabetes</a></li> <li>- <a href="#">Diabetes Australia education and training, risk calculator and other resources</a></li> <li>- <a href="#">NDSS resources</a> and <a href="#">patient registration</a></li> <li>- <a href="#">CVD absolute risk calculator</a></li> <li>- Refer Aboriginal and Torres Strait Islander patients to the <a href="#">ITC program</a></li> </ul>