



<p>COVID-19 cases and clusters in NSW</p>	<p>Please find the <b>weekly epidemiological reports</b> attached. This week has seen <b>no locally acquired cases</b> in the Illawarra Shoalhaven area, but an increase in locally acquired cases in NSW. 1 new case in ISLHD is a returned traveller in hotel quarantine. 89% of current cases in NSW are linked to known clusters. The largest current cluster is linked to City Tattersalls gym in Pitt St, Sydney. There is also currently a significant cluster associated with <b>Liverpool hospital ED</b> and new emerging cases linked to <b>Concord Hospital ED</b>, which has restricted visitors this week whilst investigation and contact tracing is proceeding.</p> <p><b>Latest COVID-19 case locations in NSW</b> <a href="https://www.nsw.gov.au/covid-19/latest-news-and-updates#latest-covid-19-case-locations-in-nsw">https://www.nsw.gov.au/covid-19/latest-news-and-updates#latest-covid-19-case-locations-in-nsw</a> <b>UPDATED</b></p>
<p>RACGP resources</p>	<p>RACGP guide on optimising the use of PPE in general practice during COVID-19 <a href="https://www.racgp.org.au/FSDEDEV/media/documents/Running%20a%20practice/Practice%20resources/Optimising-the-use-of-PPE-in-general-practice-during-COVID-19.pdf">https://www.racgp.org.au/FSDEDEV/media/documents/Running%20a%20practice/Practice%20resources/Optimising-the-use-of-PPE-in-general-practice-during-COVID-19.pdf</a> <b>NEW</b></p>
<p>Planning – Residential Aged Care Facilities</p>	<p>COORDINARE and the Public Health Unit hosted a well-attended Webinar and Round Table Discussion on responding to a COVID-19 outbreak in residential aged care facilities on Thursday 3 September. The links to the webinar recording, slides and summary can be found here.</p> <p><a href="https://vimeo.com/457591246?cldee=cGdhhdGVseUBjb29yZGluYXJlM9yZy5hdQ%3d&amp;recipientid=contact-c0eccc7ba6c0e5119fea005056b42d21-9bc95222ce6548dfa6d0b9d5eba44f1c&amp;esid=567f887a-31f6-ea11-8a05-005056b42d1e">https://vimeo.com/457591246?cldee=cGdhhdGVseUBjb29yZGluYXJlM9yZy5hdQ%3d&amp;recipientid=contact-c0eccc7ba6c0e5119fea005056b42d21-9bc95222ce6548dfa6d0b9d5eba44f1c&amp;esid=567f887a-31f6-ea11-8a05-005056b42d1e</a></p>
<p>Testing</p>	<p>Where do I get tested for COVID-19? <a href="https://www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics">https://www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics</a></p> <p>BMJ interactive calculator and interpretation of COVID-19 antibody tests <b>NEW</b> <a href="https://www.bmj.com/content/370/bmj.m3325">https://www.bmj.com/content/370/bmj.m3325</a></p> <p>Ongoing testing and monitoring for Influenza has identified very low rates of positive influenza tests and influenza like illnesses, indicating <b>limited influenza transmission in the community</b>. The percentage of influenza tests that were positive in the week ending 30 August was &lt;0.1%.</p>
<p>Screening staff and patients</p>	<p><b>All staff and patients</b> should be screened every day prior to entering your practice.</p> <ul style="list-style-type: none"> <li>• Have you had any cold or flu like symptoms or loss of taste/ smell or do you feel unwell today?</li> <li>• In the last 2 weeks have you been in contact with someone who has COVID-19? Or returned from overseas or Victoria?</li> <li>• Have you visited any of these locations, on dates/ times indicated?</li> </ul>
<p>ISLHD visiting hours</p>	<p>11am-1pm &amp; 5-7pm. 1 visitor per session per patient. Various exemptions apply – see ISLHD website</p>

**Public Health Unit Contacts**

<p>Statewide PHU number</p>	<p>1300 066 055</p>
<p>Wollongong PHU</p>	<p>02 4221 6700; after hours 02 4222 5000 (Wollongong hospital - ask for Public Health Officer on call)</p>

**COVID-19 new research, evidence and guidance**

<p>Maternal and perinatal outcomes of COVID infection in pregnancy</p>	<p>A living systematic review and meta-analysis of clinical manifestations, risk factors, and maternal and perinatal outcomes of coronavirus disease 2019 in <b>pregnancy</b>. To date the review has identified: lower rates of reported fever and myalgia and higher rates of ICU admission and need for mechanical ventilation in pregnant compared to non-pregnant women with COVID-19 infection; more severe COVID-19 infection in</p>
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	pregnant women of older age, higher BMI and with preexisting comorbidities; and a higher rate of pre-term births in babies whose mothers were infected <a href="https://www.bmj.com/content/370/bmj.m3320">https://www.bmj.com/content/370/bmj.m3320</a> <b>NEW</b>
Clinical characteristics of children and young people admitted to hospital with COVID-19	This is a prospective cohort study of children admitted to hospitals in the UK with COVID-19 infection. The study confirms that COVID-19 in children and young people is generally less severe than in adults and mortality is rare. Three symptom clusters were found: most commonly a respiratory cluster (fever, cough, shortness of breath, runny nose); <b>a mucocutaneous cluster</b> (fever, headache, myalgia, sore throat, nausea, abdominal pain, diarrhoea, fatigue, rash, conjunctivitis); and rarely a neurological cluster characterised by seizures and confusion. The second cluster of symptoms has been identified in other international studies and classified as a multisystem inflammatory syndrome in children and adolescents temporally associated with SARS-CoV-2 ( <b>MIS-C</b> ). This study helps to refine the clinical characteristics and epidemiology of this syndrome. <a href="https://www.bmj.com/content/370/bmj.m3249">https://www.bmj.com/content/370/bmj.m3249</a> <b>NEW</b>
A BMJ living guideline on drugs for COVID-19	<a href="https://www.bmj.com/content/370/bmj.m3379">https://www.bmj.com/content/370/bmj.m3379</a> <b>NEW</b>
A study of reorganisation of out of hours primary care during COVID-19 outbreak in Belgium	<a href="https://pubmed.ncbi.nlm.nih.gov/32790804/">https://pubmed.ncbi.nlm.nih.gov/32790804/</a> <b>NEW</b>
A personal reflection on the value of telehealth by a US based ED doctor	<a href="https://emj.bmj.com/content/37/9/591">https://emj.bmj.com/content/37/9/591</a> <b>NEW</b>
CDNA National Guidelines for PHUs (COVID-19 `SoNG`)	<a href="https://www1.health.gov.au/internet/main/publishing.nsf/Content/cdna-song-novel-coronavirus.htm">https://www1.health.gov.au/internet/main/publishing.nsf/Content/cdna-song-novel-coronavirus.htm</a>
NSW Appendix to `SoNG`	<a href="https://www.health.nsw.gov.au/Infectious/controlguideline/Pages/novel-coronavirus.aspx">https://www.health.nsw.gov.au/Infectious/controlguideline/Pages/novel-coronavirus.aspx</a>
Guidelines for Remote Aboriginal and Torres Strait Islander Communities	CDNA Guidelines for Remote Aboriginal and Torres Strait Islander Communities <a href="https://www.health.gov.au/resources/publications/cdna-national-guidance-for-remote-aboriginaland-torres-strait-islander-communities-for-covid-19">https://www.health.gov.au/resources/publications/cdna-national-guidance-for-remote-aboriginaland-torres-strait-islander-communities-for-covid-19</a>
Living review on the possibility of airborne transmission of COVID-19 and the use of masks	BMJ editorial: <a href="https://www.bmj.com/content/370/bmj.m3206">https://www.bmj.com/content/370/bmj.m3206</a> <b>NSW Health summary of evidence for transmission <a href="#">click here</a></b> Annals of Internal Medicine Update <a href="#">click here</a>
RACGP COVID-19 portal	<a href="https://www.racgp.org.au/coronavirus">https://www.racgp.org.au/coronavirus</a>
Agency for Clinical Innovation	Links to the Critical Intelligence Unit for rapid, evidence-based advice, including daily digests of new evidence/ reports/ reviews, and for other information to support `communities of practice` in specific clinical areas: <a href="https://www.aci.health.nsw.gov.au/covid-19">https://www.aci.health.nsw.gov.au/covid-19</a>
Clinical Excellence Commission	Link to COVID-19 Infection Prevention and Control resources page with resources for health and other workers in NSW: <a href="http://www.cec.health.nsw.gov.au/keep-patients-safe/COVID-19">http://www.cec.health.nsw.gov.au/keep-patients-safe/COVID-19</a>
National COVID-19 clinical evidence taskforce	Links to evidence-based `living guidelines` and flowcharts on clinical management: <a href="https://covid19evidence.net.au/">https://covid19evidence.net.au/</a>
Australian Commission of Safety and Quality in Health Care	Links to COVID-19 evidence and guidance from organisations in Australia and across global community: <a href="https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-web-resources">https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-web-resources</a>
Centre for Evidence-Based Medicine	Links to Oxford COVID-19 Evidence Service page including rapid evidence reviews, data analysis and thought-provoking writing: <a href="https://www.cebm.net/oxford-covid-19-evidence-service/">https://www.cebm.net/oxford-covid-19-evidence-service/</a>
Self-isolation guidelines	<b>Suspected:</b> <a href="https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-suspected.aspx">https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-suspected.aspx</a> ; <b>Confirmed:</b> <a href="https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-confirmed.aspx">https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-confirmed.aspx</a> ;



**Health**  
Illawarra Shoalhaven  
Local Health District

**PUBLIC HEALTH UNIT**

**GP COVID-19 UPDATE**

**Week beginning 7 September  
2020**

**Close contact:** <https://www.health.nsw.gov.au/Infectious/factsheets/Pages/advice-for-contacts.aspx> **UPDATED**

### COVID-19 statistics and reports

Latest COVID-19 updates	<a href="https://www.health.nsw.gov.au/Infectious/covid-19/Pages/latest-updates.aspx">https://www.health.nsw.gov.au/Infectious/covid-19/Pages/latest-updates.aspx</a>
NSW COVID-19 case statistics (& by LHD, LGA)	<a href="https://www.health.nsw.gov.au/Infectious/covid-19/Pages/stats-nsw.aspx">https://www.health.nsw.gov.au/Infectious/covid-19/Pages/stats-nsw.aspx</a>
NSW Weekly Surveillance report	<a href="https://www.health.nsw.gov.au/Infectious/covid-19/Pages/stats-nsw.aspx#report">https://www.health.nsw.gov.au/Infectious/covid-19/Pages/stats-nsw.aspx#report</a>