Planning to...





RESEARCH PROJECT

Join a study conducted by researchers at the University of Newcastle and Hunter New England Population Health that offers smokers either:

- video support sessions (e.g. via Skype, Facetime);
- · telephone support calls; or
- written materials to help them quit smoking.

Study participants will also be asked to complete a brief online survey about smoking habits initially and then 4-months, 7-months and 13-months later.

Contact person: Dr Flora Tzelepis

Telephone: (02) 4924 6275

E-mail: Flora.Tzelepis@newcastle.edu.au

We are looking for people who:

- are aged 18 years or older
- smoke cigarettes or use tobacco every day;
- have access to a telephone, and to a mode of video-communication e.g. Skype, Facetime
- have an internet connection and e-mail
- live in a regional or remote area of NSW.

For more information and to Go to Survey: https://www.newcastle.edu.au/research/quit





This project has been approved by the University of Newcastle Human Research Ethics Committee (Approval No. H-2016-0148).

https://www.newcastle.edu.au/research/quit Go to: https://www.newcastle.edu.au/research/quit			Go to: https://www.newcastle. edu.au /research/quit	Go to: https://www.newcastle. edu.au/research/quit	Go to: https://www.newcastle. edu.au /research/quit
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